

For those needing HELP



**VA** Volunteer  
**Action**

*Supporting the Community*

A Community Car Service and  
Befriending Scheme for Oundle,  
Thrapston and surrounding villages

01832 275433

For those wanting a **DRIVER**



We are open for bookings Monday to Friday from 9.30 to 12.30. Please try to give 2 working days notice. Membership is free and you pay the volunteer driver at the time (currently 40p per mile, £3 minimum). They will wait for up to an hour, or two hours for hospital appointments or book two journeys if you need more time.

*Driving in the Community*

Car scheme

For those wanting a **FRIEND**



We provide one-to-one support and companionship for the elderly and those isolated by disability. Police-checked, trained volunteers will visit you in your home to offer a listening ear and company for an agreed length of time. There is no charge for this service.

*Friendship in the Community*

**Befriending**

## What to do NEXT

I am interested in having more information about:

The Community Car Service

The Befriending Scheme

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone \_\_\_\_\_

Return to: **Volunteer Action**, Fletton  
House, Fletton Way, Oundle, PE8 4JA

[www.volunteeractionoundle.org.uk](http://www.volunteeractionoundle.org.uk)

**01832 275433**

[admin@volunteeractionoundle.org.uk](mailto:admin@volunteeractionoundle.org.uk)

